SEX WITHOUT PROTECTION? YOU STILL HAVE AN OPTION:



EMERGENCY PILL IT IS NOT ABORTINE

FREE INFORMATION: 900 030 100



Call free: 900 850 100 More information at: www.juntadeandalucia.es/salud/materialesinmigrantes

- The emergency contraceptive pill or "morning after pill" is used to prevent unwanted pregnancies, following an unprotected sexual encounter.
- It's more effective the sooner it's taken (maximum 72 hours after the sexual encounter).
- Careful, it's only for emergencies. It's not intended for regular use.
- Repeated use doesn't involve any serious health risks, but it does decrease its effectiveness.
- It does not cause an abortion.
- It does not cause infertility.
- It's free in health centres and emergency departments (at any time).
- It's a right for all women.
- You don't need a medical exam or medical tests to get it.
- It may have some mild side effects: stomachache, headache, nausea, dizziness or breast tenderness.
- If you vomit within three hours of taking the pill, you have to take it again.
- In the Public Health Facilities it is distributed for free. It's available in drugstores without a prescription, but you must pay to acquire it.
- The Public Health Facilities and Salud Responde Service (902 505 060) have a teletranslation system.

